

# Polydeoxyribonucleotide (PDRN) One-Page Scientific & Strategy Summary

## What it is

PDRN is a purified mixture of DNA fragments, traditionally derived from salmonid sources, used in regenerative medicine and increasingly in advanced skincare. It is best classified as a biopolymer active rather than a small-molecule cosmetic ingredient.

## Core biological mechanisms

- Activation of the adenosine A2A receptor, increasing cAMP signaling, promoting angiogenesis, and reducing pro-inflammatory cytokine expression.
- Supply of nucleotides for the DNA salvage pathway, supporting cell proliferation and repair under stress conditions.
- Modulation of extracellular matrix turnover through reduced protease activity, supporting collagen preservation.

## Evidence snapshot

- In vitro and animal models show accelerated re-epithelialization, increased fibroblast activity, and improved collagen deposition.
- Clinical data support wound healing and anti-inflammatory benefits, particularly in injectable and medical applications.
- Topical evidence supports barrier restoration and skin recovery, with more conservative claim scope.

## Use cases

Injectables and mesotherapy, wound dressings and hydrogels, topical serums and skin boosters targeting barrier repair and regeneration.

## Strategic considerations

PDRN offers strong biological plausibility and tolerability, but product success depends on appropriate delivery format, conservative claims, and regulatory alignment. Animal-derived sourcing and purity documentation are critical for risk management.

*Prepared by Aryan Kenia. Life sciences analyst with a focus on evidence-based evaluation of biotechnology and skincare ingredients.*